



OLD SCHOOL DAYS

Writer Lee Wei-Jing says, “To ask me out, please do so in an old school manner, and after two rejections, I will nod my head on the third time.” Put away your smart phone, switch off the 3G and wifi connections; we will not be driving or riding on Ubike today. Let’s take a slow stroll and follow the writer’s words to explore the hidden old school gems in the East District.

Time Freeze 1: “If you want to call me, ask me if I am free on the weekend coming up in three days...”

Connoisseurs of all things old school know that even an invitation to a seemingly ordinary eatery should be treated with the utmost respect. At “Chen & Yang Goose Meat”, you will find low wooden tables with long benches and modest red brick walls. It’s old school and also refreshingly clean. Order a bowl of marinated goose meat rice with some bamboo shoots and half a marinated egg, and you would be eating like a local foodie.

8 [Chen & Yang Goose Meat] No.8-1, Aly. 31, Sec. 1, Da’an Rd. +886-(0)2-2775-5252

Time Freeze 2: “Let’s go to dinner, but we don’t want all that hoopla you find in an American style restaurant...”

This bowl of noodles was born in the Ching dynasty, and actually danzai noodles are a snack, just like a macaron; it is a delicacy not something hearty to stuff your tummy. “Du Hsiao Yueh Restaurant” in the East District is classic and elegant. It is the kind of setting that one would imagine Sun Yat-sen was in when he started the “Revive China Society” over a meal with comrades. The place is famous for its danzai noodles with a broth made painstakingly from shrimp heads, and also the old school side dish of smoked shark.

19 [Du Hsiao Yueh Restaurant] 2F, No.12, Aly.8, Ln.216, Sec. 4, Zhongxiao E. Rd. +886-(0)2-2773-1244

Time Freeze 3: “If you’ve driven over, park by the curb, because cars are not my thing.”

“Peimen Feng-Li Shaved Ice” seems to have been frozen in an era when cars were not so common. Rising above all the fancy ice cream parlors in the East District, this place is simple and modest, with plain white walls, a black board, and concrete floor, and projects such a powerful charisma with a true old school vibe. The famous pineapple and plum ice is served with shiso plums and pineapple preserves. It is the perfect refreshing thirst quenching treat.

10 [Peimen Feng-Li Shaved Ice] No.9, Aly.33, Ln.216, Sec. 4, Zhongxiao E. Rd. +886-(0)2-2711-8862

Time Freeze 4: “We are going to take a stroll, and we are going to walk side-by-side for a long long time.”

Regardless the path ahead is a long endless night of overtime at work, or perhaps a road of love where you have fallen head over heels, on any given morning after a voluntary or involuntary long night, exhausted or elated, you need to bring yourself to a hot steamy soil milk joint to revive yourself. “Hung-Chi Soy Milk” is one of the few soy milk places in the East District, and it is famous for its turnip cakes, and the baked sesame pastry with fried bread stick is definitely a classic.

3 [Hung-Chi Soy Milk] No.64, Yanji St. +886-(0)2-2777-2663 24



Today is suitable for: Getting a mani/pedi.

Keeping your appearance nice and neat is also a small contribution to making the city more beautiful.



Tip of the day: If you are curious about how people in the good old days kept their faces looking radiant, perhaps you might want to try the ancient method of threading. It is not recommended to people with sensitive skin.

